**Assignment: Decision Making Skills**

**Scenario: Pressure to experiment with drugs -** Jo’nisha is worried because her friend Gloria has been hanging out with students who are pressuring her to try marijuana. One of the boys in the group, Keith, has asked Gloria to come to a party on Friday. No adults will be at the party. Gloria knows her family would not approve. If you were Jo’nisha, how would you help Gloria make a good decision?

1. Identify the problem. What decision do you have to make?

Problem -> Pressure to experiment with drugs

I have to make decision about not going to party and convince Gloria

2. List the options. What possible actions could you take?

* I can stop Gloria from going party
* I can tell her to attend party and not to take drugs.
* As her family would not approve she should not go to party

3. Weigh the consequences. List the pros and cons of each option.

Pros:

* If she is not going to party it will be good for her health and for her family
* It will be safer to not go as no adults will be there

Cons:

* If she will go to party and take drugs then she is taking risk with her health and life
* It would hurt her family

4. Consider your values. What is important to you?

* Healthy life and family’s happiness is important

5. Decide and act. Describe what you will do. Explain your decision.